

All To Myself 4

Phase IV Foxtrot, Choreographer: Jim & Georgianne Couey

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Record: STAR 134-A, All To Myself(On a Slow Boat to China) 44rpm

Sequence: Intro-A-B-A-B(1-15)-End Opposite footwork unless otherwise stated.

Intro

In OP/fcng DLW, lead feet free, WAIT TWO MEAS;; TOG, TCH; BOX FINISH;

1-2 Wait two measures;;

3-4 Step together L, tch R; Back R, side L turning left face, fwd R to LOD;

Part A

3 STEP; MANUVER; IMPETUS SCP; PICKUP, SD, CL; PROG BOX;; 2 LF FT TRNS;;

DIAMOND TURN SDCAR;;; XHVR BJO; XHVR SDCAR; XHVR SCP; THRU, FC, CL;

1-2 Fwd L, fwd R, fwd L; Commencing rf trn, fwd R, cont rf trn to fc partner, sd L, cl R;

3-4 w/flexed knees, comm. Rf upper body trn bk L, cl R to L(heel trn), cont trn, fwd L to SCP;
Fwd R to LOD, cl L, cl R (W fwd L in front of M, cl R, cl L);

5-8 In clsd pos, fwd L, sd R, cl L; fwd R, sd L, cl R; Fwd L, comm. Lfc trn, sd & bk R, cl L;
Bk R continuing lfc trn, fwd L, fwd R to clsd pos, DLC;

9-12 Fwd L turning on the diag, cont lf trn, sd R, bk L to bjo; staying in bjo, trn lfc, step bk R,
sd L, fwd R; still in bjo, fwd L turning on the diag, sd R, bk L; bk R continuing turn, sd L,
fwd R to sdcar DLW;

13-16 XLIF, sd R w/slight rise & trn lfc, fwd L to bjo; XRIF, sd L w/slight rise & trn rt fc,
fwd R to sdcar; XLIF, sd R w/slight rise & trn lfc, fwd L to SCP; thru R to fc, cl L, cl R;

Part B

HOVER; THRU, FC, CL; FT BOX;; WHISK; PICKUP, SD, CL; OP TELEMAR SCP;

MANUV; SPIN TURN; BK ½ BOX; 2 LF FT TRNS LOD;; 3 STEP; MANUVER; IMPETUS SCP;
PICKUP, SD, CL;

1-8 Fwd L, sd R w/slight rise & turn lfc, fwd R to SCP; thru R to fc, cl L, cl R; Fwd L, sd R, cl L;
Bk R, sd L, cl R; Fwd L, sd R, hook L behind R and take wt; Fwd R to LOD, cl L, cl R (W fwd
L in front of M, cl R, cl L); Fwd L comm. lf trn, sd R cont trn, sd & slightly fwd L to end in
tight SCP; Commencing rf trn, fwd R, cont rf trn to fc partner, sd L, cl R;

9-16 Bk & pivot rt f c L, fwd & rise R, side & bk L; Back R, cl L, cl R; Fwd L, comm.. lfc trn, sd &
bk R, cl L; bk R continuing lfc trn, fwd L, fwd R to clsd pos, LOD; Fwd L, fwd R, fwd L;
Commencing rf trn, fwd R, cont rf trn to fc partner, sd L, cl R; w/flexed knees, comm. Rfc
upper body trn bk L, cl R to L(heel trn), cont trn, fwd L to SCP; Fwd R to LOD, cl L, cl R
(W fwd L in front of M, cl R, cl L);

Repeat Part A

Repeat Part B(1-15)

END

Change measure 16, Part B to Point LOD;